



## "POP-UP RESTAURANT" SIGNALS FIGHT BACK BY BERKELEY BUSINESSES

For many years now the viability of Berkeley as a sub-regional centre has been challenged with successive closures of the local hospital, secondary school, police station, dry cleaners and most recently, the last bank in Town. Spurred on by the Flyer's previous articles headed "nothing ever happens in Berkeley", local publican Peter Tiley from the Salutation at Ham, decided to lead a fight back to restore confidence in the Town and its facilities and show that Berkeley is very much open for business.

Backed by an impressive list of local businesses, he conceived a plan to open a "pop-up restaurant" in the recently closed Hard Pressed for Time dry cleaners in Canonbury Street and over three nights filled the premises to capacity. Some 80 enthusiastic diners were treated to a gourmet menu prepared and served by husband and wife team Dan and Hannah Ashford.

Peter Tiley said "The restaurant was launched to show off what the town of Berkeley has to offer and it was a runaway success. We were overwhelmed at the community spirit shown by local businesses and would like to publicly thank them for sponsoring and supporting the "Nothing Ever Happens In Berkeley" event. I would also like to thank Dan and Hannah for working so hard to put the restaurant together and delivering such fantastic food as well as Hard Pressed For Time for allowing us to use the space"

As a spin off he will be donating a percentage of the profits to kick start a 'Visit Berkeley' initiative to publicise local attractions and

businesses and set up a visitor facility to signpost and guide tourists.

Berkeley Town Mayor, Mike Studden, was delighted to see that the local businesses weren't just sitting back and were banding together to fight back. "In the last few months I've personally met visitors from Canada, Australia, Germany, France and New Zealand in Berkeley which goes to show that here must be something special to draw them here from all parts of the globe. Attractions like Dr Jenner's House, Berkeley Castle, Cattle Country and even the Salutation have experienced a significant rise in visitors from abroad. This must be good for Berkeley, bringing much needed spending to support local shops, hotels and other businesses and helping to keep them open for the local community."

The Flyer hopes to bring you more news of the proposal for the Visit Berkeley initiative in next month's edition.



## SUPERFAST BROADBAND

The latest news from Openreach is that superfast broadband is now available in some areas of Berkeley.

For further information and to check for availability go online at [www.superfast-openreach.co.uk/where-and-when/](http://www.superfast-openreach.co.uk/where-and-when/) or contact your service provider.



## Berkeley Gets A New Bus Shelter

Earlier in the year the Town Council heard from a delegation from the Stroud Youth Council who requested consideration for a new bus shelter on Station Road for the young people waiting for transport to local secondary schools. Work has now been completed in time for the approaching autumn and winter wet spells to allow youngsters to arrive for lessons dry and comfortable, able to concentrate on the day's learning.

The Flyer applauds the Town Council for listening to local people and responding to their needs. You too can make a difference to your local community.



## SEPTEMBER IN THE GARDEN

I always think of September as the last month of Summer as sometimes the weather is mild and sunny, it is the last chance to use the garden for entertaining before we start to put it to bed for the Winter. The garden takes on the shades of Autumn with russet and purples which take over from the bold colours of the Summer.

If you have a pond in your garden now is the time to deal with aquatic plants as they can take over a pond and will need to be thinned out. After removing them leave them by the side of the pond for a few hours so that any wildlife hiding there can go back into the water. Cover the pond with netting, this will prevent leaves falling in. If leaves accumulate and rot in the water they can give off gases as they decompose and can be harmful to the fish.

It is time to plant out Garlic as it needs a period of cold weather to grow well before it is ready to harvest in late Springtime.

Plant out spring cabbage about 15cm (6in) apart and rows 30cm (12in) apart. Cover plants with netting or fleece to stop pigeons eating them when your back is turned. You can also plant out runners of strawberries, if you plant them now it enables them to establish before Winter but make sure you water them well in as if they dry out they will not flower next year. Remember that a strawberry bed is not a permanent crop and must be rotated every third year to get the best out of them.

There are lots of Spring bulbs in the garden centres now. Pot up prepared hyacinths and other small bulbs like narcissus for flowering at Christmas time. Once the summer bedding plants in containers have come to an end clear them out and replant with Spring bedding such as winter pansies, wallflowers, forget me nots and bellis. Also include a few bulbs.

If you have grown onions lift and dry any that are still in the ground, bring them into a cool dry store before the damp weather sets in. I put mine in onion nets and hang them from the roof of my shed. They usually last well into the Spring. As the vegetable plot empties and the season moves on to an end it is a good time to plan next year's crop rotation. Just jot down what was grown where and what you want to grow next year. By rotating crops it

cuts down on pests and disease and helps to maintain perfect growing conditions for each type of vegetable and ensures that various plants will grow strong and healthy and above all be productive.

I hope all these notes are helpful to you and will make your gardening a pleasure and not a pain!

Ann Legg



## MORE VOLUNTEERS WELCOME AT DR JENNER'S HOUSE

Since June, Dr Jenner's House, Museum and Garden in Berkeley welcomed six brand new volunteers coming from all over Gloucestershire and Bristol. Garden Assistant Paul Clarke travels up from Bradley Stoke to take care of our beautiful gardens and Research Assistant Isabelle Silverthorne, on holiday from the University of Reading, is local to Berkeley.

Our volunteers are involved in all aspects of the museum and we would be delighted to welcome more people to join the team. Our most popular role is meeting our visitors at Visitor Reception, or you could help out in the office or the archive.

If you are interested in finding out more, please call 01453 810 631 or email: [engagement@edwardjenner.co.uk](mailto:engagement@edwardjenner.co.uk)

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I have written this month's article following an inspiring and thought provoking conference I attended recently called "Big Boys Don't Cry".... Men and Mental Health, put together by SOBS (Survivors of Bereavement by Suicide), and the 2gether Trust (the specialist mental health and learning disability service in Gloucestershire). I wonder if you know what the biggest killer of men under 35 is in this country. Is it heart disease, lung disease or cancer? No, it's Suicide. The male suicide rate is the highest since 2001. Factors that could lead to these deaths include: traumatic experiences, lifestyle choices such as drug or alcohol misuse, job insecurity and relationship problems.

How shocking is that? British men are three times more likely to die by suicide than British women. We can't address the reasons behind these figures in a short article like this, but a strong message that came throughout the day was that as a society we must work to change our perception of what we consider masculinity to be. If you went to work tomorrow and one of your colleagues was crying at their desk, what would you think and how would you react depending whether they were male or female? If you don't work, imagine the scenario in a social situation. Possibly (and given that this is a generalisation) a woman would be given comfort and encouraged to cry it out and talk about what was upsetting her. However, if a man was in the same situation the response may be different, they may be expected to "pull themselves together" or to have a "stiff drink" to help get over it. We know that historically men are less likely to talk about

their feelings. They often find it difficult to identify mental ill health in themselves, and are reluctant to seek help.

Ironically the charity SOBS, themselves find that meetings are traditionally attended by more women than men and a new programme is being set up to support men who have been bereaved by suicide. The "Engaging Men" programme is being provided by the Gloucester branch of SOBS. Branch member, Steve Carter, whose son died through suicide in 2011, has devised, researched and developed a programme. "It seemed to me that men were reluctant to talk about their feelings in the typical group setting but more likely to open up in activities with other men in a similar situation to themselves". Participants in the "Engaging Men" programme will take part in activities which may include sport, music and "hands on" skills such as gardening and photography.

Depression is something that affects all of us, regardless of age, gender, race or social class. One way to help reduce and avoid depression is through interaction with others. Some initiatives going on in Gloucestershire at the moment which are aimed specifically towards men are the "Remembering Sport" at Kingsholm. This is a social group for 50+ to meet to talk about watching/playing/supporting sport with other men from around the county. Next one is Thursday 10th September at Roots Cafe in Alvin Street, Gloucester. Or there is a local "Men in Sheds" group held at GL11 project in Cam.

Please take that step to get help if you think you are suffering from depression. Talk to your GP, try to make contact with people and try to stay as active as you can. I will list some agencies that maybe useful.

Gloucester SOBS (Survivors of Bereavement by Suicide), 01452 371945  
sobsengagingmen@outlook.com

Samaritans, 01452 316333 or 08457 90 90 90 2gether

Lets Talk (NHS talking Therapies), 0800 073 2200, [www.talk2gether.nhs.uk](http://www.talk2gether.nhs.uk)

Silverline, 08004 70 80 90

In Touch, "Remembering Sport", Katie Lake at GRCC, 01452 528491 [katie@grcc.org.uk](mailto:katie@grcc.org.uk)

GL11. Men's Shed in Cam, 01453 548530  
[www.gl11.org.uk](http://www.gl11.org.uk)

AgeUK, Call in Time service, 0844 225 0320, [callintime@ageuk.org.uk](mailto:callintime@ageuk.org.uk)

Penny French. Mobile: 07776 245 726.  
[pennyf@villageagent@grcc.org.uk](mailto:pennyf@villageagent@grcc.org.uk)

## HELP NEEDED

**Please could you spare a few hours to collect for the 2015 Poppy Appeal?**

In 2015 the Poppy Appeal is celebrating the 100th anniversary of the First World War and continues to support injured service personnel and bereaved families in their own homes and through six care homes. I am your local organiser and need several more people to undertake house-to-house collections in the Berkeley area. It would be wonderful if we could top the £4000 we raised last year.

If you could spare a few hours at the end of October please contact Ray Chaney (telephone 01453 811545 or e-mail [ray.chaney@btinternet.com](mailto:ray.chaney@btinternet.com)).

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Hello Everyone

It's been a while, but we're back.

Berkeley Players will officially kick off the new season on Thursday September 10th in the Berkeley Arms Hotel upstairs room. Juniors start at 7pm and finish at 8:30pm. Adults from 8:30 onwards.

Everyone is welcome to come along and see what we do, and how much fun we have doing it.

So whether you feel it's time to strut your stuff on the big (well quite big) stage, or whether a career behind the curtains beckons, please come along, you'll love it.

It's that time of year again, and we can proudly announce that our infamous pantomime this year is.....

**'ALI BABA & THE FORTY THIEVES'** by Ben Crocker.

We will be performing on December 3rd, 4th and 5th in the evening with an extra matinee performance on the 5th.

We will of course give you more details as soon as we can.

#### VACANCY FOR AN ACCOMPANIST

We're currently looking for an accompanist to play piano for the Panto. If you can fill the part please ring Marg Glover on 01453 810462 to discuss.

On a separate note, it has come to our attention that one of our previous members (who does still pop in now and again) has had some very good news. He arrived at the Town Hall one evening almost ten years ago, and was by his own admission quite a shy young lad who had only really acted in a couple of plays at primary school. He very soon got bitten by the acting bug, and started working his way up through the ranks to become a much loved member of many of our recent productions.

He moved onto secondary school and continued to tread the boards, becoming ever more confident.

He has just gained the equivalent of an A\* in Drama, and has now gained a place at University to take a BA (Hons) in Acting.

Well done Sam Heaney, we are all so incredibly proud of you.

#### POLICE STATION PLANT SHOP NEWS

We would like to say a big thank you to everyone who came to our Open Garden at the end of July. Despite the torrential rain the day before and after, on the day it was a beautiful sunny afternoon and everyone enjoyed cream teas, coffees and a selection of home made cakes in our pretty garden. Thanks to all your generosity, we raised a grand total of £77.00 for the Berkeley Bell Tower Appeal.

We still have available a range of plants and flowers and grow in the bag tomato plants, cucumbers and pumpkin plants, and, as the season progresses, a selection of home grown runner beans, courgettes, cucumbers, tomatoes, plums and apples and our own home made chilli sauce.

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## A User's Guide to a Healthy Mind

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When the caveman looked out of the cave and there was snow, or ice or danger, and he couldn't go out and hunt, he pulled the fur up over his head and he didn't interact until the situation changed. Instead, he conserved his energy to be strong enough to fight again another day.

In the modern world we have adapted this stress response to all the modern day symptoms of depression. But there is perhaps one major difference. Some people have lost the ability to re-adapt as the situation improves, and this has everything to do with our assessment of the situation - has it improved?

The type of explanation we give ourselves about our world is of huge importance. It's not the events of our lives, which fundamentally give rise to depression. It's the thought processes, which surround life's events that determine, whether we become depressed. What we tell ourselves is therefore of the upmost importance. Distortions in our thinking determine whether or not we get locked into depression. If we take things personally, interpret events as all pervasive and think that set-backs last forever, our mood will inevitably become gloomy and depressed. So, adaptability in our thinking is clearly important to maintaining an optimistic view of the world.

"Inactivity very much fuels depression. The way forward lies within positive intention, activity and interaction. Our clients must take action to do something else instead of

doing their depression" says local Hypnotherapist Liane Ulbricht-Kazan.

Depression doesn't satisfy our need for motivation required to live our lives in a meaningful and productive way. We need to take some action in order to promote the right kind of mentally healthy behaviour required to feel motivated, and this where hypnotherapy can really help.

It's interesting to note that the term depression refers to a number of distinct symptoms. The criteria for diagnosis of a major depression episode used by medical professionals lists nine areas. The medical standard states that five (or more) of the following symptoms must have been present during the same two-week period and represent a change from previous functioning. These are depressed mood, markedly diminished interest, significant weight loss (or gain), insomnia or hypersomnia, psychomotor agitation or retardation, fatigue or loss of energy, feelings of worthlessness or guilt, diminished ability to concentrate including indecisiveness, & recurrent thoughts of death. Of course, you don't need to wait until you have enough symptoms for a diagnosis before you can get help.

Solution Focused Hypnotherapists have a wonderful understanding of how the brain works, and have tools at their disposal such as hypnosis and solution focused questioning techniques. Their approach allows them to work with clients on a conscious and a subconscious level, employing their own resources to get the results they want and need in a relatively short period of time.

We can also understand depression from a physiological point of view and as a physical alteration of the brain's emotional circuitry. The feeling of low or depressed mood has everything to do with our brain chemistry and connectivity. People who suffer from depression show a significant

decrease in three so-called monoamine neurotransmitters: norepinephrine, dopamine, and serotonin. These are the brain chemicals responsible for our positive emotions and feelings of wellbeing.

Another part of the approach used by Solution Focused Hypnotherapists is to promote activity and interaction, which serves to get these feel-good brain chemicals flowing again. In this way, depression sufferers can even get a better deal out of anti-depression medication they may be taking.

Liane practices in Berkeley, Nailsworth, Bristol and online via webcam. If you think you, or somebody you know, could benefit from Hypnotherapy, and would like to know more, why not arrange an initial consultation. Just give her a call on:

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## THE SCOUT ASSOCIATION

### 1st Berkeley Scout Group



Our Scout Group has been running in Berkeley for the last 40 years. From humble beginnings in the old school to our own purpose built headquarters in Park View opposite the children's play area, where we have been meeting for the last 30 years. The building is well fitted out and has solar panels which supply our power.

We have three sections:

- \* Beavers – from 6 years old to 8 years old,
- \* Cubs – From 8 years old to 11 years old, and
- \* Scouts – from 11 years old to 14 years old.
- \* At age 14 the young people can join Explorer Scouts or stay on as a Young Leader

Plus:

- \* The Group Scout Leader who is the manager of the Group,
- \* Leaders who run the sections (see above) and
- \* A Group Committee which consists of the usual committee officers and are made up of parents and volunteers.

So, why am I telling you all this? Well, we are very keen to keep going for at least the next 40 years. However, some of our founding members are still with us and they will just not last that long!

We need some help please!

We need people to come along and join us in order to help in any way possible.

How can you help?

- \* If you are good at odd jobs then you could help to run and maintain the Headquarters.
- \* If you have a hobby, you could run a session one evening and give the current leader a rest for an hour or two.
- \* If you are happy doing committee work then come and join ours.
- \* Become an assistant leader and help those who are running the sections, or
- \* Become a leader yourself and eventually run one of the sections.

Over the years thousands of young people have been members of the 1st Berkeley Scout Group and have become better citizens in

doing so. Please come and help us to shape the future generations of young people in Berkeley and the surrounding area.

If you are able to come along and help in any way please contact Group Scout Leader Pat Day on Tel: 01453 810719 or Email: patric.day@btinternet.com

## Severn View Day Centre Hamfallow Court Sharpness



### Volunteers required

We meet once a fortnight on a Friday from 10am - 3 pm  
The Day Centre is for older residents in the Berkeley/Sharpness area who have limited mobility

We need volunteers who can help with general duties - for example making tea and coffee- serving meals - washing up - joining in social activities. No personal care is involved  
You don't necessarily have to attend every session - once a month would be fine

If you would like to help please contact Heather Milliner on 014535 511071 or 07835440383 or email jandhmilliner@gmail.com



For quite a number of years now, the people of Berkeley have supported the Shoe Box Appeal, for underprivileged children around the world, through Operation Christmas Child.

It is hoped that we are able to do this again.

To enable us to go ahead with this, any organisation, club or individual who would like to be involved in any way please indicate your interest by contacting Grace King on 811138

Thank you.



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## BERKELEY FORUM

*The Flyer reserves the right to edit and abridge letters submitted for publication. Anonymous letters will not be published, but we will withhold your name if requested*

### New bus service to Southmead Hospital

People who have had difficulty in getting to appointments or to visit friends at Southmead Hospital will be pleased to hear that from 23rd August there will be an hourly bus from Thornbury to Southmead Hospital. The service is First Bus number 77. We have a regular service to Thornbury from Berkeley, the 207, provided by Mike's Travel and Third Sector Services. Save yourself the stress of driving to Bristol and the nightmare of parking at the hospital: why not use the bus instead.

### Meet our MP, Neil Carmichael

As you may know, our MP, Neil Carmichael, was recently appointed Chair of the House of Commons Education Select Committee. In response to my request, Neil has agreed to come to a public meeting in Berkeley to give you an opportunity to ask questions about any aspect of education provision, school transport, college provision, support for children with special needs, grants etc. You are also welcome to ask about any other local issues you may have, hopefully, not too many about pot-holes, but the choice is yours. I will display posters round town as soon as I have confirmed the date. Everyone welcome.

### Berkeley Youth Club

Our partnership with Cam, Dursley and Wotton-under-edge in the South of Stroud Youth Project has now come to an end but all is well for Berkeley Youth Club. The Town Council has signed an agreement with Young Gloucestershire to continue the Wednesday night sessions from 6-8pm in the Pavilion. Sadly, Vix Thomas, who has lead our club so well for the past three years, is leaving the area but we have an excellent new leader called Sophie Brown. We look forward to seeing lots of young people joining in when sessions start again in September.

### U3A

Retired or semi-retired? Want to keep your grey matter active? Why not join our local U3A? There is a wide range of activities on offer with more coming along all the time. I'm off to Venice next year so I'm looking forward to joining the new Italian class. We're also offering a new science and engineering group to start in the autumn: any takers?

For more information on any of the above please feel free to contact me:

Cllr Liz Ashton 811208  
or cllr.liz.ashton@stroud.gov.uk

I just wanted to pick up on the "Nothing Ever Happens" theme that I believe was first coined by one of your readers. It seems to me that rather a lot happens, mostly good but given that we live in a real world also some bad. Here are a few fairly major things that happened during this summer

Berkeley's best ever Summer Festival.

Large housing development proposal defeated.

Our bus service being used more and more.

News that 10 new affordable houses are to be built with a local priority.

News that new houses are to be built on the old hospital site.

News that work has started on 4 new council houses in Fishers Road.

A wonderful rounders event raising over £7000 for the Meningitis Trust.

A new patient's participation group started at the local surgery.

The closure of Nat West Bank.

A sell out "Nothing Ever Happens" dinner.....how strange was that!

That was then, but right now we have some big challenges ahead.

In just over a years time, the first students will be crossing the threshold of the new Berkeley University Technical College which will help young people into apprenticeships or further study at university in digital technologies and advanced manufacturing. The University Technical College will form part of the Berkeley Green Centre and provide a state of the art training hub for the whole of Gloucestershire and beyond. This project has been in the making for 5 years since Neil Carmichael secured £5million government funding to give it a kick start, it is very exciting for Berkeley and I love it! However, I believe we need to stay very close to the project to ensure we make it work for Berkeley. There is currently funding earmarked for road improvements and my understanding is that Gloucester Highways intend to use this money to construct a roundabout on the A38 at Berkeley Heath. I believe this money would be far better spent relieving the major potential traffic pinch point which will be Berkeley and am already trying to set up meetings with a view to diverting this money to the regeneration of Berkeley town centre which will enable more parking, ease the flow of traffic through the town and give us a nice new road surface. I'm fairly certain that Berkeley Town Council will be keen to get on board with this so let's see if we can make it happen!

Hot off the press, we hear that Berkeley is on the edge of an area being considered for "Fracking" and indeed that Sharpness and the Forest of Dean are within that area. At the time of writing I don't know a great deal of reliable detail on this but am currently seeking information and will be fully clued

up in time for the next Flyer - so watch this space! Nothing ever happens in Berkeley eh?

Gordon Craig, District Councillor, Berkeley Ward

PS Congratulations to residents of Jenner Court who have just been highly commended in the Stroud District Council garden competition!

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The WI in Berkeley have a holiday in August so there is no meeting. As this year is our centenary for the WI I will tell you how it all started.

The WI movement started in Stoney Creek in Canada in 1897 to educate country women. In February 1915 Mrs Alfred Watt a founder member of Metchosin Institute in Canada travelled to London to attend a conference on industrial and agricultural co-operation. England was at war and it was vital that farming should prosper. Mrs Watts told the conference of the WI in her own country of Canada and their affiliation with the Farmers Institute of South Wentworth. The members of the conference immediately were convinced that this was the catalyst for the cooperative ideals needed for Britain's agricultural community. A little time later Mrs Watts was asked to start to organise the making of the WI in Britain.

A meeting was held on September 11th 1915 in the village of Llanfair PG the Isle of Anglesey North Wales where the first Women's Institute in Britain was formed. A committee of 10 was elected including a President, Vice President, Treasurer and Secretary – all very business like – a tradition of the WI movement which is the same today.

There would be a regular monthly meeting, the first Tuesday of the month at 2pm and the membership would be two shillings (not the same today!). The object of the WI was declared as follows:

- Study Home Economics
- Providing centres of educational and social intercourse and all local activities
- Encouraging home and local industries
- Developing co-operative enterprises
- Stimulating interest in Agricultural Industry

The WI would be non sectarian, non political and no controversial subjects which may cause friction were to be discussed at meetings. Denman College was purchased and opened in 1947 and there are enormously varied courses there throughout the year. Resolutions are taken on issues that matter to the WI. In 1949 they campaigned on setting up mother and baby units in prisons, 1954 Keep Britain Tidy, 1976 Help the Homeless, 2010 Better price for milk, 2014 Care for the honey bees. These are a few of the WI Campaigns.

There is a lot more to the WI than "Jam and Jerusalem". And if you are interested in joining please contact Vicki Young on 01453 810929.

Back to the present time and Berkeley WI went on our annual outing. This year was to Malvern on 6th August. The day started very overcast but as the coach picked up the ladies in Berkeley the weather cleared. There was shopping in Malvern for some ladies whilst others went to the Priory and a look round the gardens, then a light lunch. Then back on the coach to Upton on Severn where they boarded a large boat for a river trip and by this time the sun was out! There was a lovely tea on board with a piano accompaniment playing lots of requests. There was also a sing song of the old favourites.

As they went along the river there was lots to see amongst which were kingfishers, herons, lots of ducks and the magnificent countryside. There must be a big thank you to Margaret Wozencroft who organised the trip. There were 38 tired but happy people who had a wonderful day out on the return journey by coach back to Berkeley.

Our next meeting is at Berkeley Town Hall on 10th September at 7.30pm when R Hewlett will talk on "The Severn Flood" Competition will be "A photograph of the Severn Bore"

### DO YOU HAVE SOME TIME YOU COULD SPARE TO HELP US WITH THE FLYER?



We need more volunteer editors and an organised person to volunteer to administer the advertising for us.

If you think you can help please email:  
editor@theberkeleyflyer.co.uk with your contact details and we will get back to you.

Thank You

### Berkeley Educational Swimming Trust (BEST)

#### August Draw

|           |               |             |        |
|-----------|---------------|-------------|--------|
| Winner    | Sue Stump     | Ball No. 32 | £25.00 |
| Runner Up | Eugene Camper | Ball No. 14 | £15.00 |

The draw took place on 7th August at La Lune. On behalf of BEST I would like to thank La Lune for their continued support.

Gill Badsey (Lottery Manager for BEST)

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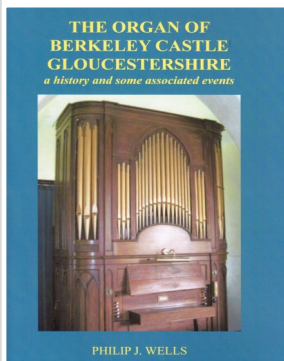
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Newly published booklet:

## THE ORGAN OF BERKELEY CASTLE, GLOUCESTERSHIRE

a history and some associated events

by Philip J. Wells



The Berkeley Castle chamber organ was built in 1804 by William Gray, a leading London organ builder, for Frederick Augustus, 5th Earl of Berkeley and Mary Cole, Countess of Berkeley. It stood in the Castle 'Musick Room' which new research has shown is now part of the Private Apartments. It was played by Charles Wesley Jnr, in Gray's London workshop, and William Mutlow, organist of Gloucester Cathedral, in Berkeley Castle in

1807 for a visit by the Prince of Wales. Associated events touched on in the booklet include concerts in the Great Hall together with musicians taking part e.g. Mr C Harford Lloyd and Mr C. Hubert H. Parry. This is believed to be the first such attempt to document the history of an instrument that remained within the Castle for nearly 120 years, before it became unfashionable, was moved, 'improved' and finally disposed of to Liddiatt and Sons, the local organ builders. It is now in St Anne's Church, Cwmffrwd, Carmarthenshire. Proceeds from sales of the booklet will directly support the work of the Friends of Berkeley Castle (FoBC), part of the Berkeley Castle Charitable Trust.

Booklet format: A5, 40 pages, fully illustrated. Price: £5.00, or £6.00 by post from:

Philip J. Wells, 80 Lantern Close, Berkeley, Gloucestershire. GL13 9DE



## NEWS FROM BERKELEY BOOKS YOUR COMMUNITY LIBRARY

### Summer Reading Challenge:

This year's Summer Reading Challenge finishes on 5th September. All those who finish the Challenge can collect their Certificate and extra Reward from 12th September.

### Community 50/50 Sponsored Walk – 20th September:

Our sponsored walk this year will take place on Sunday, 20th September. It starts from the Dockers Club, Sharpness, goes along the towpath to Slimbridge and returns to Sharpness. As last year, monies raised will be split 50% to the Library and 50% to the charity of the walkers' choice. This is a chance for us to give other organisations an opportunity to also benefit from our fundraising. Sponsorship forms are now available from the Library.

### 2016 Calendar:

Our 2016 Calendar is now on sale in the Library, the Coventry Building Society and Berkeley Flowers. The price remains the same as previous years £5.99.

### Book Review:

The following is a review of a book recently read by one of our volunteers.

#### *New Members - written by Frank Samet*

Anyone who has ever lived in a village and been involved in a village committee will recognise the setting for this rather quaint little book. Set in a fictitious village in East Anglia it follows the increasingly bizarre machinations of the PCC, Horticultural Society and village pub as they try to increase interest in their respective activities, gradually becoming a caricature of themselves. I was particularly amused by the idea of offering wine and wafer choices at communion and the path down which this leads the poor beleaguered vicar.

The prose is, at times clunky, but the three organisations linking through some very questionable new members, leads to an entertaining though somewhat violent finale with shades of 'Saving Grace'. An enjoyable quick read.

This book is available for loan from the Library. If you read a book which you would like to recommend to others, we would be happy to hear from you.

Berkeley Books – Committee.



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## WHAT'S ON...

IF YOUR EVENT IS TAKING PLACE NEAR THE BEGINNING OF THE MONTH YOU MAY WISH TO ADVERTISE IT IN THE MONTH PRECEDING SO THAT IF THE DELIVERY OF THE FLYER IS DELAYED EVERYONE HAS THE OPPORTUNITY TO ATTEND

### Berkeley & Sharpness Community 2nd 50/50 Sponsored Walk

**Sunday, 20th September, 2015**

10 mile walk along the canal towpath from Sharpness to Slimbridge and return. Start from the Dockers Club between 9.30 – 11.00 a.m.

Walk to raise funds for the Library and for the organisation of your choice (Children under 12 years MUST be accompanied by an adult)

**Sponsorship forms available from the Library**

Available from:  
The Library  
Coventry Building  
Society  
Berkeley Flowers

### 2016 CALENDAR

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### BERKELEY EVANGELICAL CHURCH

Hopefully you've all had a good summer and are looking forward to popping along to catch up with friends old and new when our coffee mornings start up again. The first one will be on **SATURDAY 12th SEPTEMBER starting at 10.00 and finishing at 11.30.**

Hope to see you. Cakes and coffee will be at the ready.

**For any further information please ring  
Grace 811138 or Dawn 810494.**



### Baaa'ck to Church Sunday!

Not been to church for a while? We hope you can come soon. Many of you have been to St Mary's: maybe a school service, a wedding, a christening or a funeral. We're glad to be a church for the town and believe that faith can make a difference to our daily lives. At the start of a new season, I'd like to invite you Back to Church on Sunday 13th September.

At 11.00 am there's All Age Worship with special guest Baaa'keley, our primary school's 'Shaun the Sheep', back here after a summer at Shaun in the City.

If you prefer a more traditional church service, come at 9.30 am, with the choir back from their holidays.

Richard Avery, Vicar,  
St Mary's Church, Berkeley



### Events at Dr Jenner's House

**Thursday 15<sup>th</sup> October**

#### Museum Man

The Multi-Talented Joseph Ritson Wallace  
Andrew Legg

**Wednesday 18<sup>th</sup> November**

#### 50 Ways to Bump Off A Loved One

A Short History of Poisonous Plants  
Paul Hervey-Brookes

Talks start at 7:30pm. Tickets cost £5 and can be reserved on 810631 or email info@edwardjenner.co.uk



### Friday 30 October Firework Night & Halloween Extravaganza

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### READY FOR A BIG NIGHT OUT?

Berkeley Players is a small amateur drama group funded entirely by fund raising and subscriptions. Each year we take in more than 30 young people of all ages to help give them confidence and build their interpersonal skills. To help us do that we need to rely on the generosity of you the public and the parents.

### FAMILY FORTUNES THEME NIGHT 4th OCTOBER

We all love a quiz show and we invite teams of 4 or more to sign up for this hilarious evening. Open to parents and non- members alike. What better way to spend a Friday night. 7.00 pm at Berkeley Arms. Email Geoff Taylor: [tayberk@btinternet.com](mailto:tayberk@btinternet.com) or Lisa Higgins: [lisaclarehiggins@googlemail.com](mailto:lisaclarehiggins@googlemail.com) to register and to enter. Prize for winning team.

### RACE NIGHT 6TH NOVEMBER

Get the date in your diary for this sensational annual extravaganza. So much fun for young and old, race lovers and those who just like a good night out. All welcome, 7.00 pm at the Berkeley Arms.

### SALUTATION INN

**7th September** Guest Chef Night - the guest chefs are back ready to cook up a storm at the Salutation from 6.30pm (orders from 5pm).

**29th September** Ham From Home Night - bring along and share your homemade produce that you cook, catch, bake, smoke, shoot, pickle, grow, stew or brew.



### Ugly Mugs: Great Gloucestershire Gargoyles!

They wait on walls, rest on roofs and blend into buttresses – but can you see them? In the next talk in the popular Dr Jenner's House Talks series, John Putley from Gloucestershire Archives presents a history of gargoyles in Gloucestershire.

The talk will be on  
**Thursday 3 September at 7:30pm,**  
with doors open from 7:00pm.

Tickets are £5.00 and may be reserved in advance by contacting the Museum Office on 01453 810631 or [info@edwardjenner.co.uk](mailto:info@edwardjenner.co.uk).

**HAMFIELDS LEISURE**

## WHAT'S ON DIARY

For a regular entry in the What's On Diary please email  
editor@theberkeleyflyer.co.uk before 15th of the month

## MONDAY

**Town Council Meeting**  
21 September 7.30 pm

**Stay & Play Kids - Sharpness Village Hall**  
9.45am till 12 noon contact Sue Boxall on 07526101287

**Youth Club - Sharpness Village Hall**  
6.30pm till 8.30pm contact Darren Brown on 07799067237

**Beavers/Scouts - Scout HQ., Park View**  
Beaver Scouts, 6 to 8 years old 4.30pm to 5.30pm.  
Scouts 10½ to 14 years old 7.00pm to 8.30pm

**Summer Swimming for Children up to 15yrs** - Berkeley Primary School Heated Pool. 2pm - 4pm Entry £1.50

## TUESDAY

**Community Bank - Town Hall,**  
Tuesdays 9.15am until 11am

**Town Planning & Finance Meetings**  
8th September 7.00 pm

**Berkeley Brownies**  
Tuesdays The Brownie Hut 5.30pm-7.00pm

**Berkeley Community Library**  
Tuesdays 10.30am - 4.30pm  
Telephone 810520

**Line Dancing/Ballroom Dance Class**  
Hamfields Leisure  
7.00pm to 9.00pm  
Contact Daphne 01453 826034

**Skylarks Community Choir**  
Town Hall,  
7.10 - 9pm Term Time only  
All welcome

**Cub Scouts - Scout HQ. Park View**  
8 to 10½ years old  
6.00pm to 7.30pm

## WEDNESDAY

**Craft Club - Berkeley Library**  
Last Wednesday of the month. 10.30am - 1.30pm. Bring along whatever project you are working on. £2.00 all welcome

**Dog Training - Sharpness Village Hall**  
Wednesdays from 7pm contact Mike Vine 01453 822134

**Exercise Classes in Scout Hut**  
Wednesdays 10.30 am to Noon

**Knit and Natter**  
Town Hall 7.30pm - 9.30pm  
Wednesdays fortnightly (recycling week) £2 - all welcome

**Berkeley Under 5's**  
Town Hall Toddlers  
Wednesdays 9.30am - 11.30am

**Citizens Advice Bureau**  
Town Hall, Wednesdays 1pm - 3pm

**Berkeley Youth Club**  
Canon Park Pavilion  
Wednesdays 6pm - 8pm

**Coffee Morning**  
Sharpness Village Hall  
10 - 12pm Call Christy 07970 565099

**Berkeley Gardening Club**  
3<sup>rd</sup> Wednesday of the month  
Library 7.30pm

**Past-Times Café**  
Marybrook Medical Centre  
Chat, Crafts, and tea. 2.00pm

**Summer Swimming for Children up to 15yrs** - Berkeley Primary School Heated Pool. 2pm - 4pm Entry £1.50

## THURSDAY

**Bingo - Sharpness Village Hall**  
from 7.30pm contact Jimmy Thomas 01453 811339

**Coffee Morning**  
Thursdays, Union Church Schoolroom 10.00 - 11.00am

**Berkeley Players Rehearsals**  
Town Hall, Thursdays  
7.00pm Youngsters / 8.30pm Adults

**Circuit Training/Keep Fit**  
Hamfields Leisure  
6.30pm - 7.30pm  
Contact Jess Efford 07866 255325

**Adult Swimming**  
Berkeley Primary School open air heated swimming pool 6pm - 7pm.  
Entry £2.50

## FRIDAY

**Bingo in the Mariners Arms**  
Fridays from 3pm

**Berkeley Community Library**  
Fridays 10.30am - 4.30pm

**Berkeley Rainbows**  
Fridays The Scout Hut  
4.15 - 5.30pm

**Little Fishes Music Group**  
Berkeley Union Church. Free  
Fridays 9.15 - 11.00 am Term time

**People for You**  
Town Hall Fridays - 9.15am - 1pm

**Summer Swimming for Children up to 15yrs** - Berkeley Primary School Heated Pool. 2pm - 4pm Entry £1.50

## SATURDAY

**Berkeley Community Library**  
Saturdays 9.30am - 12.30pm

**Coffee Morning**  
Every 2nd Saturday of the month  
10.00-11.30 at The Evangelical Church

## SUNDAY

**Roman Catholic Mass**  
Sundays 8.30am 10.30am & 5.30pm  
St Dominic RC Church,  
Kingshill, Dursley

**St Mary's Church**  
Every Sunday  
9.30am Parish Communion  
11am All Age Worship  
6pm Evening Prayer  
(times & venue differ 5th Sunday of month)

**30th August**  
9.30 United Benefice Service at St Mary's  
6.30 p.m. United Berkeley Worship at Evangelical Church

**Quiz Night**  
Mariners Arms Berkeley. 8.30pm start

**Berkeley Union Church**  
Salter Street, Berkeley.  
(Next to town hall)  
Sunday Services 10.00 am - 11.00 am  
Coffee, Tea and biscuits to follow

**Summer Swimming for Children up to 15yrs** - Berkeley Primary School Heated Pool. 2pm - 4pm Entry £1.50

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Greetings one and all. We're going to bring the dishes a little closer to home this time around. Alas, the travels are over and I'm firmly back in 'Blighty'. So much so I'm left wondering if New Zealand was all a dream. A food journey to rival no other.... Or was it??

Back home my feet are firmly on the floor and running at breakneck speed. What with new pigs arriving in the walled garden and pop up restaurants, well, popping up, there really never is a dull moment back here in sunny Ham.

With fleeting moments of reflection about my trip I reminisce of a time where life wasn't so hectic and I had few responsibilities, trying to pin point the time when I actually 'grew up' I remember those salad days without a care in the world whilst touring the south west with the rock band I was part of.... Fruit of the Doom.

There are a few reasons we didn't make it big, namely we were awful. In retrospect however I can draw good comparisons with the notes the musician uses to the strokes of paint from an artist's brush.....to the ingredients the chef uses to create dishes of amazing scran. All one and the same.

Delusions of grandeur (I think so!!!) We'll make these savoury scones as a different take on an afternoon tea. Let's make

## DOUBLE GLOUCESTER SCONES, SAGE BUTTER AND PULLED CANDIED HAM

### YOU WILL NEED:

450g Self raising flour with a bit extra for throwing around the kitchen whilst we roll and cut.

100g Butter

150g Grated Double Gloucester Cheese. I use Double Gloucester with its subtle flavour and golden orange colour.

300ml Milk with a bit more for brushing the cut scones.

For the sage butter you'll need 20 or so fresh sage leaves from the garden or allotment and chop them up (it's gone postal in our place this year), 500g of softened butter, 4 banana shallots finely chopped, 1 tsp salt and ½ tsp of cayenne pepper or chilli powder or paprika. Introduce all these ingredients into a mixing bowl and you know the drill.... Mix 'em up good and proper. Next we need to roll out a good length of cling film, splodge the butter mix on gently and form into a butter 'log'. Wrap nice and tight with the cling film and then roll out until 4 or 5cm in diameter. In the fridge for at least an hour and that's job done.

Right, scone time! Pre heat the oven to 220°C or Gas Mark 7. Mix the flour and salt together in a bowl. Next rub in the butter as you would making a crumble making sure all the butter is worked into the flour. Add half the cheese and give it another lickie mix. Add the milk a little at a time mixing as you go to make coarse dough.

Roll out the mix on a floured surface so it's about 2cm thick. Flour your pastry cutter and cut out the scones. I've used a 5 or

6cm cutter and I'll get about 16 to 20 scones out of a mix this size. Place the cut scones on a tray on some baking parchment, brush with some milk and then carefully dollop a bit of the remaining grated cheese on each one. Get them in the oven and cook for 15 to 18 minutes until they have risen and are all golden and gert lush.

Whilst these babies are rising in the oven we are going to candy some ham. I use a whole joint I've already cooked and chilled. I tear at the ham pulling off the meat to the grain of the joint. Ladies and gents the trendy 'pulled pork' phenomenon is just this... pull the meat from the joint.

We put the pulled ham in a pan on a medium heat with a little butter and start to gently fry. When all the ham has started to colour we add the Berkeley honey. It will caramelise after a short time, don't leave it or it will catch, and burnt stuff is bad stuff.

Are those scones ready yet, better check folks!! Get them out of the oven and place for a few minutes on a cooling rack if you have one. (Personally I like them hot, but hot dough can give you indigestion.... apparently).

Let's put this savoury afternoon tea wonder together. Put a couple of scones on a plate, cut a good 2cm cylinder of sage butter and arrange on the plate, then, finally, our pulled candied ham.

The Vicar will be chuffed to bits with these.

Promise!!

Dan Ashford  
Chef, Salutation at Ham

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