



A WINTER WONDERLAND

An icy chill hung over Berkeley welcoming in the first month of 2013 but although it was very bitter it gave rise to some great photo opportunities if you were brave enough to face the cold.

If anyone else has some snowy photos of Berkeley and you don't mind other people taking a look please send them to us at editor@theberkeleyflyer.co.uk and we'll upload them to our website www.theberkeleyflyer.co.uk



WANTED



Have you seen this snowman? He is wanted in connection with the disappearance over the Christmas period of fellow celebrity snowman, John Lewis.

Police say the suspect appears to have disappeared, leaving little to go on. Unless further information is forthcoming they will be treating the incident as closed and passing it on to the regional cold case unit.

FREE HEALTHY HOMES ASSESSMENT

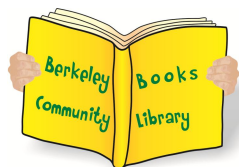
The British Red Cross is currently offering **FREE Healthy Homes Assessments** with the aim of improving the safety and well-being of people in their homes. The short, one hour, friendly visits provide information on areas including **fire and fall safety, warmth, grants, isolation issues and other available services**. The visits open to residents of Gloucestershire, South Gloucestershire, Wiltshire and Bath and North East Somerset. Each home visited will receive a **free Healthy Homes pack** containing essentials for coping with the cold weather, power cuts and other household issues.

As well as yourself, please also consider people you know (e.g. relatives, friends and neighbours) who could benefit from a non-invasive visit, and encourage and help them to contact us on the details below.

For more information or to arrange a Healthy Homes Assessment visit please:

Telephone us on: 0117 3012611

OR email us at: H&SCWAG@redcross.org.uk



BERKELEY BOOKS YOUR COMMUNITY LIBRARY

Suggestion Box

We now have a suggestion box in the Library. If you have any ideas for improving the service we could offer or books or DVD's you would like us to consider adding to our stock please call into the Library and fill out a form.

Gardening Club

We would like to start a Library Gardening Club, which would meet once a month in the Library. It is hoped to have demonstrations as well as speakers. If you are interested either call into the Library and leave your name and contact details or e-mail Andrew Legg on andrewwallace40gmail.com or phone 01453 810607

Jigsaw Table

A number of Jigsaws have been donated to the Library and are available for loan. We have set up a table in the Library with a Jigsaw on it ready to be built. If you fancy adding a few pieces call in to the Library – you can do as much or as little as you like.

Children's Activities

During February we are holding two Children's Activity sessions. They both will have a Pirates and Princess theme and start at 10.45. On Tuesday 12th there will be a Treasure Hunt followed by Crafts and Friday 15th will be Storytime and a Scavenger Hunt. Places are limited and can be booked by calling into the Library. The children are making good progress with the first rug they are weaving for their area.

Grand Book Sale

We are regularly adding titles new the Library. However, we have a large quantity of books which the Library does not need and we are planning a Massive Book Sale on Saturday 9th March from 10.00 – 12.00. There will be a wide variety of titles on sale, which will include non-fiction

and fiction plus children's books. All monies raised will go to help with the running costs of the Library. Come along in March and look for a bargain.

We look forward to seeing you in the Library.

Berkeley Books - Committee

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NEW GARDENING CLUB

* * * * *

A gardening club is going to start up
in Berkeley which will meet once a
month in the Library.

So, if you would like to join,
an initial meeting will be held on
Wednesday, 20th February at
7.30 p.m. in the Library.

Please come along!

* * * * *

Berkeley Educational Swimming Trust (BEST) January Draw

Winner Panache Hairdressers
Ball No. 96 £30.00
Runner Up Bryan Parsons
Ball No. 70 £20.00

The draw took place on
Tuesday 8th January by Chris
Gent, who is one of the
volunteers for Berkeley Books
Community Library.

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If you want to make a contribution, please email the Flyer Team editor@theberkeleyflyer.co.uk or place your contribution in the collection box in the Berkeley Pharmacy, Market Place, by **15th of each month.**

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Eating Disorders Awareness Week

Changes Welcome Hypnotherapy is marking Eating Disorders Awareness Week (EDAW) 11-17 February by highlighting how the therapy can help clients deal with the emotional issues that often underlie these debilitating conditions.

It is estimated that 1.6 million people are affected by eating disorders in the UK. Eating disorders, such as Anorexia Nervosa, Bulimia Nervosa and Binge Eating, are often an outlet for a range of emotions including anger, anxiety, depression and low self-esteem. Such responses can be caused by a variety of factors: a general inability to cope, psychological trauma, bereavement or difficult relationships. Eating disorders can develop as a coping mechanism in response to these stresses.

Solution Focused Hypnotherapy (SFH) tackles these conditions by reducing anxiety and helping clients to regain a

sense of perspective; once anxiety is under control many troublesome symptoms can be alleviated, including unhelpful behaviours associated with food.

This highly effective form of therapy can help clients overcome conditions, such as eating disorders, that are caused by, or made worse by, inappropriate responses to stress. The therapy encourages positive thinking by helping clients to focus on solutions to problems, rather than dwelling on the problems themselves.

SFH differs from earlier forms of therapy by encouraging clients to formulate a positive image of their problem-free future rather than analysing the cause or symptoms of problems from the past. Clients usually find their ability to cope improves and motivation, confidence and self-esteem are all restored. Once they have a better perspective on life they can regain control and a healthy relationship with food.

Local Hypnotherapist Liane Ulbricht-Kazan has witnessed at first hand the

devastating effects that eating disorders such as anorexia and bulimia can cause and how the Solution Focused approach has helped many clients regain control of their thinking: "It always amazes me how people's situations improve when their anxiety levels are reduced. Many clients are simply not aware that their negative thought processes cause or exacerbate their problems. It's so rewarding being able to help them visualise their problem-free future. Once they can visualise it, their own mind can find subconscious ways of making their preferred future a reality.

For more information about what you can do for Eating Disorders Awareness Week visit www.b-eat.co.uk

If you would like to book a free and confidential initial consultation at Marybrook Medical Centre to discuss how Hypnotherapy can help you, please tel/text 07825 286 550, tel 01453 810 691 or visit www.ChangesWelcome.co.uk for more information.



Berkeley Players Review

Here we go again! It's all systems go at Berkeley Players HQ as we gear up for another exciting year ahead.

After our productions last year, which you all seemed to enjoy, we are now looking ahead and deciding what dramatic delights we will provide for

your entertainment in 2013.

Firstly, we would like to open our doors to any new members that think they may enjoy treading the legendary boards of the stage in Berkeley Town Hall. Anyone aged 8 or over is welcome to come along to our first meeting of the year on Thursday 31st January at the Town Hall. Juniors from 7pm to 8.30pm, and adults from 8.30pm onwards. Please come along and see what we do, how we do it, and possibly surprise yourself with talents

you never knew you had.

Secondly, we are also very keen to get people involved in backstage production work. When you sit and watch one of our plays or pantomimes it may not be obvious that as well as a huge amount of effort being put in by the actors on stage, just as much, if not more is being done by the unseen helpers that like to keep out of the limelight.

Hope to see you on the 31st.

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OPERATION WHEELED RESPECT

Operation **Wheeled Respect** was run from Berkeley Town Council Offices on **Saturday 5th January 2013** in line with the Berkeley community priority of speeding.

The Operation **Wheeled Respect** was led by the Special Constabulary who were assisted by Mike and I in targeting Berkeley priorities, once again our voluntary officers proving invaluable to the policing of Berkeley.



this is a great example of partnership in operation"
'The aim of this campaign is to improve road safety by providing on-the-spot education to motorists at the time when they have displayed that they need it. Most road collisions in Gloucestershire happen when road rules are bent or broken, and by working together in this way we are able to remind drivers of the facts to help keep themselves and their passengers safer, and this will also be a great safety benefit to the communities that they drive through.'

Should anyone have any questions or queries post event, please do not hesitate to SC Steve Lindsay, myself PC Becky King or PCSO Mike Trebble.

PC 2141 Rebecca King
 Berkeley Officer,
 Stroud Local Policing Area
 Dursley Police Station
www.gloucestershire.police.uk

Nine tickets were issued to drivers for road traffic offences, drivers could then choose to pay the fine and except applicable points, or attend a short presentation in the Town Hall that looked to educate drivers on their driving behaviours.

Seven offending motorists attended the road safety education talk and subsequently their tickets were cancelled, 2 failed to attend and their tickets were enforced.

We were overwhelmed with support from the community and the following members joined us at some stage during the day:

Stroud District Council Wardens
Berkeley Town Council Members
Glos County Council Road Safety

Note: This Operation has the full support of the Road Safety Team at Glos County Council - Quote from Gary Handley:

"This is a great Op and the team work so hard to pull it all together, and I am always so impressed when people go just that bit further beyond their day-job to make a difference to the communities that we serve -



Gloucestershire Constabulary
People First Policing

MOBILE POLICE STATION

PCSO Paul BOWMAN
PC Becky KING (Berkeley/Sharpness area Officer)
Neighbourhood Warden Andy MURRAY

Will all be available in the Mobile police station on:

Friday 8th March 2012

Please drop by for a chat or to discuss any concerns.

0900 Cam, Tesco's

1000 Coaley, Community Shop

1130 Slimbridge, Post Office, High Street

1230 Purton, Canal Lock car park

1315 Brookend, High Street

1400 Wanswell, High Street

1445 Sharpness, Newtown Shop/Post office

1615 Stone/Woodford, Court Meadow

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On January 10th the first meeting for 2013 was held at Berkeley Town Hall. Members, including three new members, and visitors were welcomed by the President, Vicki Young, and the business of the meeting was dealt with.

The speaker for the evening was Mr Bryan Quinlan. His talk was on the National Trust House Newark Park, covering the history of the house and gardens, with a slide show. Newark House was built as a hunting lodge in 1550 by Sir Nicholas Poyntz on land given to him by Henry VIII. Over the years lots of families have lived there, making several alterations and extending the lodge, but in 1949 the Clutterbuck family gave the 575 acre estate and house to the National Trust. For twenty years after that it was used as a residential home but by 1970 it was virtually derelict so the National Trust decided to offer the house and garden on a 30 year repairing lease. A Texan architect, Robert Parsons, took up the offer and spent the rest of his life until 2000 restoring the house and gardens. He was joined in the 1980's by Michael Claydon, who managed the estate for the National Trust until 2012. Bryan showed the group some lovely slides of the house, inside and out, pointing out where alterations and restoration had taken place, and some of the beautiful gardens and grounds that surround the house.

Newark Park is open to visitors to see the lovely display of snowdrops on 9th, 10th, 13th - 17th February 2013. For information on other opening times go to their website newarkpark@nationaltrust.org.uk

In other news: there will be a Berkeley WI Skittles Team practice on January 21st at the Mariner's Arms, Berkeley, at 3:30pm. The Craft afternoon would be held on January 17th at Elaine's house, from 1:30pm onwards.

The next WI meeting is on 14th February at 7:30pm at Berkeley Town hall, with a talk by Jane Jeffs on printing bunting.

For more information on Berkeley WI, who we are and what we get up to please visit our website: www.berkeleywi.com

AN EASY AND VERY SAFE WAY TO SAVE

Many of us are beginning to think of saving just now, perhaps for a holiday, next Christmas or putting away something for our children or grandchildren. There is no better, safer or easier way to save than with your local Credit Union (Community Bank)

What is so special about Stroud Valley Credit Union?

Like all Credit Unions your savings are guaranteed by the government FSA protection scheme. We pay a small dividend (interest) on your savings with a higher rate for children's accounts. Savers may be able to borrow at very low rates of interest, just 1% or 2% per month. Just compare this with the online pay day loans.

You don't have to save every week and you can put in as little or as much as you want, either by coming in to see us or by standing order.

The Berkeley office is open every Tuesday 9.30 to 11.00 in the Town Hall. We would be pleased to see you to tell you more or you can visit our website www.svcu.org.uk

GET HELP EARLY WITH MONEY PROBLEMS

Post Christmas is a stressful time for many people who are struggling with their debts. More and more people every year have trouble making ends meet and covering the most essential household bills. This Christmas, more people than ever before have also taken out payday loans as a last resort.

Money troubles don't go away by themselves, so if you're getting into trouble, act quickly and seek advice about how to deal with it. You shouldn't have to add to your debts by paying for debt advice.

If you would like free, confidential face-to-face advice about your debts, you can contact Stroud & District Citizens Advice Bureau on 08444 111 444 or if you are using a mobile 0300 3300 650 or call into one of the offices. Go to www.strouddistrictcab.org.uk for the opening hours which links to www.adviceguide.org.uk for information to help you budget and other money advice fact sheets.

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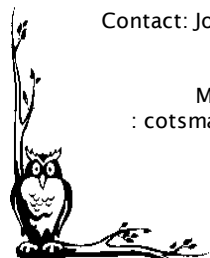
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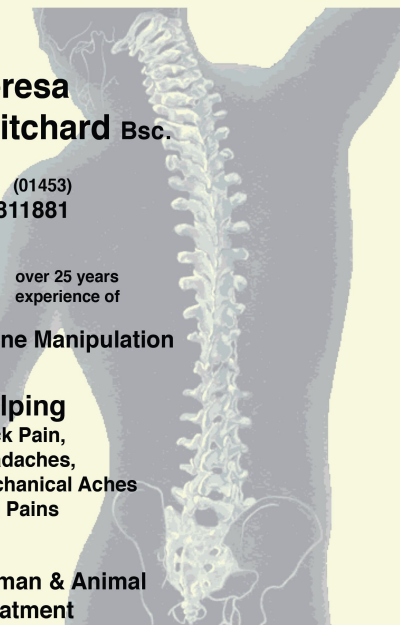
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'LET'S PUT OUR MINDS TOGETHER'

Although not the school mission statement, the following words of the Native American Indian, Sitting Bull, reflects the sentiment of each member of staff at the school. "Let us put our minds together and see what life we can make for our children." Our desire is to collectively work to provide an educational experience which will positively impact the lives of each young person in our care. Drawing out and nurturing the unique gifts and talents that every child has. By encouraging the child, he or she can become the individual they are destined to become. Those of you, who have given us the privilege of working with your child, have given us a gift which is daily unwrapped to uncover something exceptional. What will the school be doing to enable this 'unwrapping' process?

During the week beginning 11th March we will be combining Literacy and Science in our exciting Science & Book Week. Taking inspiration from key children's texts, we will find starting points for whole-school science investigations. We have also booked a West End dance company to work creatively with the children to explore literature, including 'The Butterfly Lion' by Michael Morpurgo. This will run for one school week. At the end of the week parents and carers will have the chance to witness a performance created by the professional dancers

and the children. In addition we will be holding our Bangers & Book Event. Those of you who attended this last year will recall the gathering of fathers with their sons and daughters on a dark winter's evening in the woods. What were they doing there? They were listening to an amazing storyteller, sharing their favourite books and tucking into hot sausages around a campfire. How could anyone resist the opportunity of doing this again? Remember, it is fathers only!

Both adults and children will be reflecting on their New Year resolutions, at Berkeley School during 2013, in relation to how they can make a difference to their lives. Each child and adult in the school will be writing a promise to themselves on Promise Flags, and they will be displayed on the Parent Shelter and also hung outside between the Class One and Pre-school buildings. These flags act as public demonstrations of their commitment to themselves and the school in order to move forward, positively, in any area of school life. It is also a great chance to show off their artistic talents.

Art is very much in focus this term as Year 4's topic theme is entitled 'The Artists'. The children will be exploring the different styles of art, including Surrealism, the Naturalists, Pop Art and Street Art. Local artists have been invited to share their work with the children. There will also be an opportunity to get some fresh air as they explore the Sculpture Trail in the Forest of Dean. We also have the advantage of James Lynn, who is a photographer from Stroud, working with the Year 6 children. His assignment is

to work with the children as they take photographs of the outdoor environment around their school in quirky ways. These photographs will then be manipulated and enlarged so they can be displayed around the school.

It is important to us to make our school environment safe, functional and attractive. With this in mind Magnox from Berkeley Power Station will be holding a team-building day at the school in May. They will be putting up new fencing on the edge of the Quiet Area and the school field with a five-bar gate. The work will also include erecting a wooden framed cover outside of the Year One classroom so that they can have a greater opportunity to work outdoors, regardless of weather conditions. While these tasks are being carried out, a second team will be putting their heads together to generate ideas and produce communications to promote Little Jesters, Breakfast Club, After School Club and the school. The kind and generous offers of help from these willing volunteers is very much appreciated and we look forward to seeing them later on this year.

We hope that you can see from the contribution of a wide range of individuals from within the school, community and further afield that when we 'put our minds together' we can make a difference to our children's lives. If you feel you can make a contribution to the school in any way, especially in relation to Year 4's work this term, please do not hesitate to contact us.

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BERKELEY FORUM

The Flyer reserves the right to edit and abridge letters submitted for publication. Anonymous letters will not be published, but we will withhold your name if requested

Dear Friends

As you are aware, I went into Gloucester Hospital a while ago and had my right leg amputated. I am now in Pennwood Lodge Wotton-under-Edge, for respite, recuperation and physiotherapy whilst Social Services find me somewhere suitable to live in Berkeley.

I am totally overcome by the number of cards I have received and the good wishes that you have all sent me. I had not realised how kind people can be and your messages have helped me to keep going, especially at this time of the year.

I am writing to thank you all, via the Flyer, because I do not have all your addresses and I might, inadvertently, miss somebody.

My best wishes to you all for a happy and prosperous 2013.

Many, many thanks, *Frank Guyatt*

Dear sir,

We are pleased to inform residents of Berkeley that another significant phase of the decommissioning programme for Berkeley Power Station is due to commence, taking the site one step closer to its care and maintenance phase. Your cooperation and patience would be much appreciated during the removal and transportation through Berkeley town of the final 10 Berkeley Boilers on the following dates:

Friday 22 February, Monday 25 February,
Thursday 28 February, Tuesday 12 March
Friday 15 March
between 1000hrs and 1300hrs

all of which will be under police escort.

On behalf of the Cobalt Unit at Cheltenham I would like to say a big thank you to Alan and Heather Bone for organising the Christmas Meal and raffle at the Lammastide Inn which raised £137.00.

Also thanks to Sam and Pauline for the delicious meal and excellent entertainment.

Trudy Chilcott.

1st BERKELEY BROWNIES & RAINBOWS

Our new term has started and all the girls are looking forward to being involved with different aspects of guiding throughout the year.

Our committee, with the help of the leaders of brownies and rainbows, are now busy to come up with more ideas for fundraising.

We would have liked to be able to have a new hut, as ours is now 42 years old, but unfortunately we cannot afford this, so instead we are going to update the hut we have by having new windows, doors and make improvements inside, like everything else that costs a lot of money. Last year we started to fund raise for these improvements and here we would like to thank you all for your support. So to kick off 2013 our Brownies and Rainbows are joining together to put on the play "Beauty and the Beast" in the Berkeley Arms Hotel at the beginning of March.

So please look out for more details on our posters. We do hope you will be able to come and support the girls.

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up the garden path

Hints and tips on what jobs to do in the garden or allotment each month

The evenings are drawing out as we move out of January and into the month of February. There is comfort in knowing that Spring will soon be upon us. The spring bulbs are starting to nudge through the ground as the first snowdrops and the crocus already showing colour. There is plenty to do now in preparation of the season ahead both inside your greenhouse and out in your garden.

General Maintenance

Continue to be vigilant about possible water damage, both to your pipework and any plants which you are overwintering, with the cold frosts about this could damage the roots. Water sparingly. Another good tip would be to take opportunities on milder days to ventilate your glasshouse to help avoid any disease. If you have the time it is well worth cleaning your greenhouse properly, it could save you a lot of heartache from pests and hidden fungal spores, which

may have accumulated over the past year.

Cleaning Your Greenhouse

Step 1: Empty your greenhouse completely – do this on a dry, frost free day when you have plenty of time.

Step 2: Once empty check every nook and cranny for pests and get rid of them, especially slugs which are great at hiding between and slabs or under stones you may have in your greenhouse.

Step 3: Scrub the whole inside of the greenhouse with a greenhouse cleaner, you could use an eco friendly one like "Growing Success" or Jeyes Fluid, and then rinse off afterwards.

Step 4: Repeat step 3 on the outside.

Step 5: Make the greenhouse as airtight as possible, close all vents and tape up any large gaps. Now wait until early evening.

This is the time to set off your "sulphur candle", set the candle in the middle of your greenhouse, light and then leave for the night, closing the door behind you.

These are a great way to get rid of any unseen pests which you may have missed and also getting rid of fungal spores.

Step 6: In the morning open all the doors and vents for a couple of hours to ventilate the greenhouse and then start filling it up again. Remember to check plants for pests before you re-introduce them to your now "pest free" greenhouse.

Step 7: *Job well done, time to put the kettle on for a well earned pot of tea!*

start sowing seed into the ground. It can be a good idea to start many plants, such as beans and cabbages off in your greenhouse in the early part of the year and then transplanting them to your garden once the soil has warmed up slightly. If you have light soils (sandy) you maybe able to plant out onions, shallots and cabbages towards the end of the month.

Inspect your Autumn sowing for any gaps in the beds which need filling. You then need to choose whether to replant/refill from seed or whether to buy small plants to fill in these gaps.

From mid February you can start to sow your tomatoes and cucumber seed for greenhouse growing.

Flowers and Borders

Start to bring on any plants which you have dried out over the winter period. Fuchsia's, dahlia's and lily bulbs can all be placed into a light warm place to sprout before planting, give them the odd sprinkling of water to stop them drying out.

Polyanthus and primroses look there best this time of year, and can still be planted now for some spring colour, if you did not get around to it in the Autumn.

Keep checking your shrubs for any weather damage and stake and protect appropriately.

Prepare your borders for planting out new roses when conditions allow, avoid wet days and frozen ground.

Finally don't forget to put out seeds and water for the birds, breaking the ice for them on the coldest days. All that remains to be said is "Happy Valentine's" and lets look forward to a new year in the garden, hopefully a good one.

Local gardening links:

Sunnyside Garden Centre, Bristol Rd (A38), Cam, Glos. Tel: 01453 899128 www.crawlessfarm.co.uk

Providing the local community with a large range of garden plants and sundries.

Slimbridge Gardening Club – www.slimbridgegc.plus.com

Long standing horticultural society with monthly meetings, visit the website for other gardening links.

Aquadulce broad beans can continue to be planted up until mid February. February is the month to cultivate the ground and prepare seedbeds, as long as the ground is not frozen. Depending on the type of soil you have will dictate when it is best for you to

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ON THIS MONTH IN 2006....



THE BERKELEY FLYER

ISSUE NUMBER 128

"For and about the people of Berkeley"

1st February, 2006

ROAD IMPROVEMENTS EXHIBITION

A public exhibition providing an update on plans to improve the roads between Berkeley and the A38 will be held in the Town Hall on Saturday 25th February between 10 a.m. and 3 p.m.

For a number of years Gloucestershire County Council has been investigating options for potential road improvements. A strategy to improve the B4066 and its junction with the A38, so that it becomes the main route from Berkeley to the A38, is now proposed. In the longer term, the plans also involve implementing a weight restriction on Alkington Lane.

The exhibition will provide details of the proposed works and the timetable for implementation. Representatives from the County Council will be on hand to discuss the proposals, to note any comments and to answer questions.

To find out more, go along to the exhibition which will also be on display at Berkeley Library between Tuesday, 28th February and Saturday 11th March or contact John Lindsay, Area Traffic Manager at the County Council, by telephoning 01452 425622.



SCHOOL POOL CRISIS

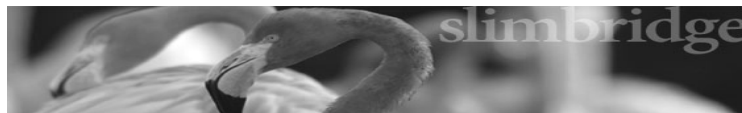
The swimming pool at the primary school is in urgent need of renovation.

Parents and friends of the school joined together more than forty years ago to raise the necessary funds and also to do the manual work to provide the facility to enable all the young people of Berkeley to learn to swim. Most, if not all, of those people who strove hard over some long period to achieve this amenity for our children are now retired. Now it is time to ensure that this valuable asset can be retained for the benefit of the town's families.

It has been estimated that a sum of £14000 is needed to bring the pool up to health and safety standards. To be able to modernise the facility whilst doing the work it will require a total of approximately £30000. To find out more read the report from the school on page 6.

A public meeting has been arranged to discuss the future of the pool and the task to be faced. This will be at

BERKELEY PRIMARY SCHOOL
Thursday 23 February at 7 p.m.



Artisan bread making course

12/2/2013 - 19/3/2013

Following the success of our first baking course held before Christmas we are delighted to announce that we will be starting another course in February. During the six week course you will learn how to make your own breads in the Slimbridge kitchen.

Master baker Richard Apperley will guide you through making different breads each week. You will start by making English bread, bread knots and rolls before progressing onto Italian and German Easter breads and hot cross buns.

As well as taking away your creations each week you will be given recipe cards so you can practice at home.

Each week while the breads are baking and proving you can relax with a glass of wine or tea and coffee.

All the sessions will be last 2½ hours and will be held at 6.30pm on Tuesdays. The cost for the 6 week course is £150. Places are limited so contact our Bookings Officer for more details or to book a space.



February Events

Saturday 2nd - World Wetlands Day

Celebrate wetlands around the world with a day of fun activities for families. Make Ottie the otter and take part in other craft activities. No booking required, included in admission price.



February Half Term 9th- 17th - Birdwatching

Follow an interactive trail through the grounds learning a variety of techniques to improve your birdwatching skills. Head to our South Lake Observatory for a special introductory birdwatching session. Included in admission price, suitable for all ages and all levels of interest.

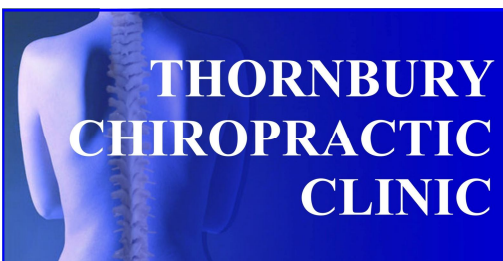
Friday 15th, 8am. - Become an Advanced Birder.

These sessions are designed to improve your birding skills. Learn about fine details such as plumage, songs and calls. Develop an understanding of weather conditions and habitats to take your skills to a new level. £25 including admission and bacon roll with tea or coffee.

Friday 22nd, 7.30pm. - "Fore and Aft" by Paul Barnett.

The Purton Ships graveyard is the last resting place of some 81 vessels encompassing lighters schooners and the famous Severn Trow and is now known to be the largest collection of this nature in mainland Britain. £6, £5 for Friends of Slimbridge.

If you would like more information on any of our events, or would like to make a booking, please contact our bookings coordinator on 01453 891223 or email events.slimbridge@wwt.org.uk



Thornbury Chiropractic February Mania Focusing on Children and Teenagers

In February half term our team of chiropractors will be offering **Free Consultation and Advice** to all children under the age of 18*. We will look at posture, bad habits such as texting, gaming and general activity levels. We can also identify tight muscles such as hamstrings which can lead to sporting injuries.

We will be able to offer advice on school bags, foot wear, posture and exercises to try and prevent an injury.

Contact the clinic for more details or to book an appointment.

01454 418259

info@thornburychiropractic.co.uk

*Children under the age of 16 will need to be accompanied by a parent or legal guardian.

1st BERKELEY SCOUTS

The Scout Christmas Post around the area over the last ten years has been well supported and has been getting more each year, we delivered over 2700 cards over Christmas. Thank you for supporting scouting in Berkeley. Thank you to all the shops that let us use them to sell the stamps and make room for the post boxes, and thanks to all the people that delivered the cards. We hope that we will be doing it again this year

The group hope you had a Happy Christmas and wish you all a Very Happy and Prosperous New Year.

1st BERKELEY SCOUT GROUP

HEADQUARTERS - REAR; PARK VIEW, BERKELEY

Group Scout Leader; Mr. Pat Day
Contact No. Pat Day 01453 810719

Chairman;	Mr. Eugene Camper
Secretary;	Mr. Julian Dobson
Treasurer;	Mr. Norman Nash

LEADERS

Beaver S/ L.	Mrs. Linda Knott
Asst Beaver. S/L	Mrs. Barbara Dobson
Cub S/L.	Mr. Bill Glover
Asst Cub S/L.	
Scout L.	Mr. Simon Day
Asst S/L.	Mr. Steven Shaw

Age & Meeting Times

Beaver Scouts	6 To 8 Years
Meet; Monday	1630 To 1730hrs.
Cub Scouts	8 To 10½ Years
Meet; Tuesday	1800 To 1930hrs
Scouts	10½ To 14 Years
Meet; Monday	1900 To 2030hrs



VILLAGE AGENT NEWS

got some good news this month which is great as we sometimes need a bit of help to get through February.

Today I went to visit the new community venture in Berkeley. The project is based at White Hart Court, 6 High Street (under the arch and first door on the left). There is something for everyone, whether you are 8 or 80. There is a choir that meets on Tuesday evening. Transport can often be arranged for those who live in the more rural areas. They have two computers with internet access. These can be used if you first phone to make an appointment and you can arrange free training and support. A new activity will soon be starting that will explore the lives and memories of the people who live in the Berkeley area. So why not get involved, sharing stories of the past over a cup of tea. To find out more, contact Kat on **07831 658 262**.

In these times of cutbacks I am really pleased to pass on some good news.

An all-terrain mobility scooter scheme that can go 'off road' is opening up Crickley Hill Country Park, on the edge of the Cotswolds in Gloucestershire, to people who have difficulty walking. The 'Tramper' scooter has been provided by the Devon charity Living Options Devon as part of a scheme to open up nature to people with disabilities. Called "Countryside Mobility South West", the project has introduced Trampers to more than 26 sites across the south west region. It's proving extremely popular with people of all ages who want to get out and enjoy the countryside. Trampers can go up and down slopes, over bumps and tree

Hello everyone, it is that time of month now when I put pen to paper (okay then, I get tapping on my computer!) I have roots, through shallow puddles, mud and soft ground. With a top speed of four miles an hour they can keep pace with the briskest walking companion. They are for use by anyone aged 14 or over who has a permanent or temporary condition that affects their ability to walk. James Maben from Countryside Mobility said: 'Trampers are for everyone who want to enjoy the countryside but can't manage much walking. You do not have to be registered as a disabled person, or have a Blue Badge. Many people have found that Trampers have given them back their freedom. To hire Trampers, people need to join the Countryside Mobility membership scheme, which is £10 per year or £2.50 for four weeks. Becoming a member means people receive proper training in how to use the equipment safely and includes use of all Tramer sites in the South West.

The Tramer Scheme: **01452 863 170**

Or for full details about Countryside Mobility, www.countrysidemobility.org or by calling **01392 456 522**.

I have an alert from trading standards: Reports of traders canvassing for work by calling at people's homes offering home maintenance work with substantial savings if people sign up there and then. Trading standards advice is do not trust essential maintenance of your house to an opportunist trader cold calling. Make sure that the work does need doing and the price is realistic by getting other quotes from local trades people before making a decision. You can phone citizens advice consumer service on **08454 040 506**.

Contact me on 07776 245 726.

Email pennyf@villageagent.grcc.org.uk

Berkeley Friendship Club

Come along on Thursday 28th February to The Mariners Arms at 2.00pm when pianist Jenny Payne will be delighting us playing the piano.

New members always welcome, no strangers, just friends you have not met.

We are also finalising a programme for the year and plan some trips and walks in the warmer weather.

We meet on the 4th Thursday every month at The Mariners at 2.00pm

If you would like more information call Barbara Weldon at People for You **01453 543084**



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Position Vacancy: Volunteer Front of House Assistants

Dr Jenner's House is looking for enthusiastic volunteers to join our Front of House Team to assist in the day to day running of the Museum shop and reception, engaging with visitors, sharing their experiences and promoting the Museum.

We are looking for a commitment of preferably one day per week during the open season. Front of House shifts are available over 6 days (Sunday-Friday), between 11.30am and 5.30pm from 1st March until 3rd November 2013. The roles may require weekend and bank holiday working. For a full description & application form please visit our website or contact us, telephone 01453 810631 email: info@edwardjenner.co.uk

Paid position at Dr Jenner's House & Garden, Berkeley

Title: Operations and Admin Officer

Closing Date: 31st January 2013, 5pm

Salary: £18,000 to £20,000 dependent on experience and qualifications

Hours: Full time Monday – Friday, some weekends may be required. 10am-6pm March-October; 9am-5pm, November-March (unless otherwise stated).

Report to: Senior Manager and Chairman of the Jenner Trust

The Operations and Admin Officer at Dr Jenner's House (DJH) will be responsible for overseeing the Seasonal Front of House Volunteer Team, co-ordinating as well as directing activity to ensure the delivery of efficient administration and excellent customer service to our visitors. This is an exciting time to join DJH there is much potential for development! For full job description please visit our website or contact us for an application form, telephone 01453 810631 email education@edwardjenner.co.uk

P U N N L E C O R N E R

SUDOKU

Asterisk Sudoku Puzzle - Medium

		1	4		2	8	9	5
5	9	6	8		7		2	
	8		9		5			
6					4			
8	5	3				2	1	
		7		5			6	
4						6		
7		5	6	2				9
9	6			4			8	7

www.sudoku-puzzles.net

Asterisk Sudoku Puzzle - Medium

6	8		9	7				4
3								2
1			3	2		6	8	
	2	5	4			9		
8			7	5		4		
4				3	2			
	4		8	9	3	1	5	
5	6	8						
9						2		8

www.sudoku-puzzles.net

WORD

SCRAMBLE

HOW MANY 4 AND 5 LETTER WORDS CAN YOU MAKE OUT OF THE FOLLOWING?

DPOLUNS

Answers
in next month's
issue



Come and meet
Neil Carmichael
MP for Stroud
Constituency

Tuesday 19th February
11am at The Library Berkeley

No appointment required.

www.neilcarmichael.co.uk

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THIS POEM WAS WRITTEN BY FIONA STANFORD. AUTHOR OF "DON'T SAY GOODBYE"! 'AN ARMY WIFE'S MOVING INSIGHT INTO THE PRIDE, FEAR AND COURAGE THAT BINDS THE FAMILIES LEFT BEHIND'

'IF ONLY' IS IRRELEVANT
WHEN THINGS WEREN'T MEANT TO BE.

'IF ONLY' SURELY RACKS THE SOUL
CONSUMED BY MISERY.

IF ONLY WE COULD CHANGE THE
PAST;
ONE MORE DAY, ONE MORE
CHANCE.

IF ONLY WE COULD START AFRESH.
IF ONLY, NOT SO LONELY.

WHEN OUR HAND RUNS OUT WE
LEAVE THE STAGE,
WE DRAW THE FINAL CURTAIN.

THOUGH MORTAL HEARTS STAY IN
THE GAME
PREDESTINED BUT UNCERTAIN.

AND WHEN LIFE'S CIRCLE COMES
AROUND

IT LEAVES A RICH BEQUEST;
A SPIRIT TO LIVE IN EACH OF US,
THE COURAGE TO TRY OUR BEST.

THESE FRAGILE HEARTS MUST THEN
BE STRONG

TO CURB 'IF ONLY'S' CHANCE.
LET CHERISHED WARMTH AND LOVE
LIVE ON
AND SO OUR LIVES ENHANCE.

'IF ONLY' IS IRRELEVANT;
SOME THINGS WERE MEANT TO BE.
ETERNAL LIFE, PEACE AT LAST.
IF ONLY WE COULD SEE!

Supplied by Peter Woodhams

Jamie Smith's Mabon, Rockhampton Village Hall Thursday 7th March 2013 7.30pm

Rockhampton Village Hall is pleased to present a Rural Arts South Glos. promotion with Jamie Smith's MABON. Following the release of their latest CD they are on their "Windblown" UK tour performing at Rockhampton for one night only.

Mabon presents an irresistible blend of world music, Celtic roots and rabble rousing funk-folk filled with energy, joy and passion.

Jigs and reels jostle for space on this magical whistle-stop Euro tour. From the music you would hear in a Breton bistro you'll take a journey through klezmer, eastern European story tunes, mazurkas and hornpipes.

As Mike Harding, BBC Radio 2 said - "A top band, led by one hell of an accordion player and arranger."
A band not to be missed.

Bar available, doors open 7pm. Tickets £8 in advance or £10 on the door.

For more information contact
Roger Watkins on 01454 260530
or email
watkins.roger@tiscali.co.uk



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Berkeley Pharmacy	01453 810316
Electricity Supply Power Loss	0845 7331331
Gas Emergency Service	0800 111999
Water Emergency	0800 7834444
Berkeley Town Council	01453 511964
Berkeley Post Office	01453 819351
Berkeley Primary School	01453 810254
Refuse Collection	01453 754424
Stroud District Council	01453 766321
Gloucestershire County Council	01452 425000
Neil Carmichael MP	01452 371630
Citizens' Advice Bureau	01453 762084
People for You, Barbara Weldon	01453 511964
Samaritans	0845 7909090
National Rail Enquiries	0845 7484950
Traveline	0870 6082608
Village Agent	0777 6245726
Gloucestershire Royal Hospital	0300 4222222
Vale Hospital, Dursley	0300 4218494

The Berkeley Flyer accepts no responsibility for the accuracy of these telephone numbers

WHAT'S ON....

If you would like to place a regular entry in the What's On diary please email editor@theberkeleyflyer.co.uk before 15th of the month

Monday

Town Council Meeting
3rd Monday of the month

Tuesday

Community Bank - Town Hall,
Tuesdays 9.15am until 11am

Slimming World
Town Hall, Tuesdays - 6pm

Berkeley Local History Society
3rd Tuesday of the month, 7.45pm,
Library

Town Planning & Finance Meetings
2nd Tuesday of the month

Berkeley Brownies
Tuesdays The Brownie Hut 6.00-
7.30pm

Berkeley Community Library
Tuesdays 10.30am - 4.30pm
Telephone 810520

Wednesday

Exercise Classes in Scout Hut
Wednesdays 10.30 am to Noon

Knit and Natter
Town Hall 7.30pm - 9.30pm
Weds fortnightly (6th & 20th February)
£2 - all welcome

Berkeley Under 5's
Town Hall Toddlers
Wednesdays 9.30am - 11.30am

Citizens Advice Bureau
Town Hall, Wednesdays 1pm - 3pm

Thursday

Bingo in Sharpness Village Hall
Thursdays 7.45 pm

Over 60's Friendship Group
Mariners Arms
4th Thursday of the month 2pm -
4pm

Coffee Morning
Thursdays, Union Church Schoolroom
10.00 - 11.30am

Berkeley Players Rehearsals
Town Hall, Thursdays
7.00pm Youngsters

8.30pm Adults Belly Dance Classes
Berkeley Arms Hotel
Thursdays 7-8pm Beginners
8.15 - 9.15pm Improvers

Friday

People for You
Town Hall Fridays - 9.15am - 1pm

Bingo in the Mariners Arms
Fridays from 3pm

Berkeley Rainbows
Fridays The Brownie Hut 4.15pm -
5.30pm

Little Fishes Music Group
Berkeley Union Church
Fridays 9.15 am - 11.00 am Term time
Free

Berkeley Community Library
Fridays 10.30am - 4.30pm

Saturday

Berkeley Community Library
Saturdays 9.30am - 12.30pm

Sunday

Roman Catholic Mass
Sundays 8.30am 10.30am 5.30pm
St Dominic RC Church,
Kingshill, Dursley

St Mary's Church
Every Sunday
9.30am Parish Communion
11am All Age Worship
6pm Evening Prayer
(times & venue differ 5th Sunday of
month)

February films at Wotton Electric Picture House

18A Market Street, Wotton-Under-Edge
Gloucestershire GL12 7AE
01453 844601/844401 (recorded message)

1st	19:45	Life of Pi 3D
2nd	14:00	Tinker Bell and the Secret of the Wings 2D
2nd	19:45	Quartet
3rd	14:00	Tinker Bell and the Secret of the Wings 2D
3rd	19:45	A Simple Life -World Cinema
4th		Sparkies
5th	19:45	Quartet
6th	20:45	Life of Pi 3D
7th	14:00	Life of Pi 3D
7th	19:45	Quartet
8th	19:45	Les Misérables
9th	14:00	Tinker Bell and the Secret of the Wings 2D
9th	19:45	Les Misérables
10th	14:00	Life of Pi 3D
10th	19:45	Les Misérables
11th	20:45	Les Misérables
12th	19:45	Les Misérables
13th	14:00	Tinker Bell and the Secret of the Wings 2D
13th	20:45	Les Misérables
14th	14:00	Les Misérables
14th	19:45	Andrea Bocelli love in Portofino
15th	19:45	Quartet
16th	14:00	Life of Pi 3D
16th	19:45	Les Misérables
17th	14:00	Tinker Bell and the Secret of the Wings 2D
17th	19:45	Quartet
19th	19:45	Life of Pi 3D
20th	20:45	Les Misérables
21st	14:00	Quartet
22nd	19:45	Les Misérables
23rd	14:00	Tinker Bell and the Secret of the Wings 2D
24th	19:45	Les Misérables
26th	19:45	Les Misérables
28th	14:00	Andrea Bocelli love in Portofino

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Pirates & Princesses Event

12th and 15th February



Join us on the 12th for a Treasure Hunt, followed by a session of fun arts & crafts. This event will start at 10.45 and finish at 12.45. Children under 8 will need to be accompanied by an adult.

On the 15th it's storytime at 10.45 followed by a scavenger hunt around Berkeley. For children of all ages.

For more information and for free tickets, please apply to the library.

Berkeley Local History Society

Thanks largely to positive responses to pleas in the Flyer, Berkeley Local History Society is all set to continue. The next meeting will be on Tuesday 19 February in the Library at 7.45pm.

Peter Yardley will tell us about 'Sources for Family History: Berkeley to Berkeley'.

We look forward to welcoming new, as well as existing, members.

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SATURDAY 9th FEBRUARY 10 - 11.30 am

Come and join us for unlimited refills of tea and coffee, a wide choice of home made cakes, lively chatter and lots of catch up time with friends. A very warm welcome awaits you.

Hope to see you there.

For additional information or requests for transport please ring Grace on 811138.



Women's World Day of Prayer

**Friday 1 March at 10.00 am
at the Union Church, Berkeley.**

This year's service has been prepared by the Christian women of France with the theme *I was a stranger, and you welcomed me.*

Men and women, young and old are most welcome

Crèche provided

The service will be followed by refreshments.

Beauty & The Beast

Thursday 7th Feb 6.30pm Friday 8th Feb at 7.30pm

Saturday 9th Feb matinee at 2.30pm evening at 7.30

All at The Barn at Cattle Country.

Tickets £6 adults and under 16 £4 from Berkeley Pharmacy.

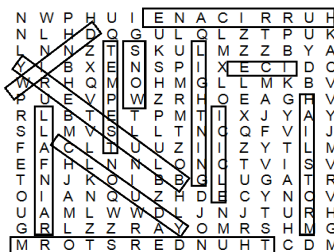
JANUARY'S PUZZLE SOLUTIONS

Str8ts Solution

		3	2		6	9	8	
1	2	4	3	7	5	8	6	9
2	1		9	3	4		7	8
4	3	2	7	8		6	5	
3	7	6	4	8	5		2	
5	9	8		6	7	1	3	4
7	8		4	5			2	1
8	7	6	5	9	1	2	4	3
	6	5			2	3		7

Sudoku Solution

3	4	8	9	2	1	5	6	7
2	9	1	5	6	7	3	4	8
5	6	7	8	4	3	1	9	2
4	1	3	7	9	8	2	5	6
7	2	6	4	1	5	9	8	3
9	8	5	2	3	6	4	7	1
1	3	4	6	8	9	7	2	5
8	7	9	1	5	2	6	3	4
6	5	2	3	7	4	8	1	9



Missing word: sunshine

Word Scramble: 36 words—did you do any better?

aids	rias
airs	rids
arid	risk
arks	sadi
axis	said
dais	saki
daks	sard
dark	sari
dirk	sark
disk	sika
irks	skid
kadi	darks
kids	dirks
kirs	kadis
kris	radix
rads	raids
raid	rakis
rais	
raki	



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TASTY!

Recipes from a far flung land...

It's only been a matter of months but already the differences between working on the continent and working in good old 'Blighty' astound me. A few things really stand out! It takes four Frenchmen to change a light bulb: one to hold the ladder, one to change the bulb and two to take industrial action. Over Christmas and New Year all commerce literally grinds to a halt, which in a way is rather nice, however problematic it may be with no deliveries of fresh produce to us chef types.

But nothing highlights these eccentricities like a recipe I've been cooking out here since day one. It's a French cheese and potato pie..... "We don't need a recipe for cheese and potato pie!" I hear you cry. This is no ordinary cheese and potato pie. This, ladies and gentlemen, is what one of our guests recently described as the perfect marriage of dauphinoise potatoes and carbonara.... And it is of course TARTIFLETTE. 'Savoyard Tartiflette' to be precise. And the real mission for you guys this month is to track down the cheese we use for this dish 'en France'. A cheese called 'Reblechon'. I must admit I've never heard of this cheese before now, let alone seen any at the supermarche, but then I've never looked for it. It's a lovely cheese to cook with but alas, if you guys can't track any down you can use a good brie, camembert or cambazola for this recipe that will serve 4 to 6 people.

TARTIFLETTE

This is what you will need:

1kg potatoes
20g butter,
350g smoked pancetta lardons
500ml UHT double cream (I always get better results using UHT when cooking)
100ml of good French white wine
2 onions finely chopped
2 cloves of crushed garlic
a pack of your favourite charcuterie meats. Let's make it sexy with some chorizo, brezola, salami and Parma ham folks
mixed salad leaves gherkins and silver skin pickled onions and then last but not least

400g Reblechon cheese

This dish is dead easy to make. It's all about presentation with this one.

And this is how you do it:

Peel and slice potatoes 3mm thick and set aside in a casserole dish covered with salty water. This will take a lot of the starches out of the spuds. In a separate pan sweat the onions and garlic down with some of the butter. Now get those lardons in there, increase the heat; the lardons start to crisp up... *tres bien*. This should take about 10 minutes.

Drain and dry our expertly sliced potatoes and in the casserole dish we need to layer with alternating layers of potato and lardon/onion mix. Now in the pan in which we fried our lardons and onions, add a little butter and make a roux with a sprinkling of flour; cook the flour until it goes to a sandy texture and add the wine, a little at a time, to make a paste. Add the cream to this paste and simmer for 10 mins then season with salt and pepper to taste.

When this cream and wine mix has the right seasoning and texture for you simply pour over the layered potato. Slice or tear the reblechon cheese and arrange on top of the dish and then bake in a pre-heated oven at 180C for an hour or until the potatoes are soft... When the reblechon has browned on top cover with a piece of tin foil to stop it going too brown.... Or heaven forbid, burning.

While the tartiflette is cooking this gives us plenty of time to arrange our salad and charcuterie. You can present it on plates or go for the family service and present the salad, meat platter and pickles in the middle of your dining table, not forgetting the fresh sliced baguette with sides of cubed butter. You can make a really nice dressing of balsamic vinegar, lemon juice and olive oil mixed together to give us something heavenly in which to dip our bread....

Remove the tartiflette from the oven, place on a heat mat on the table and dive in.....*Et voilà!* Cheese and potato pie never tasted sooooo good.

NEXT TIME: Hunter gathering on the slopes of the Alps with nothing but a loin cloth, snow shoes and a Ray Mears video on my iPad..... chilly but exhilarating.

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